



International Students Travel Document

Now that you have been accepted to attend Brighton College in B.C., Canada, you will need to prepare for your transition to the country. We are here to help you with this quick start checklist of the most important information for you.

Contact Details:

covid19safety@brightoncollege.com
604-430-5608

Quarantine Plan Form:

<https://bit.ly/3728PmG>

QUICK START CHECKLIST

Pre-arrival

- Book your flight.
- Book your 3-day government-authorized hotel stay.
- Plan your temporary accommodation (See page 3).
- Receive a COVID-19 Test 72 hours before departure.
- Read through Brighton College's [COVID-19 Safety Plan](#).
- Complete your [Quarantine Plan](#) to show to border services officer when you arrive in Canada. Use our Self-Isolation plan on the following pages to answer the questions.
- Send us a copy of your [Quarantine Plan](#) before your flight.

Arrival

- Receive a COVID-19 test upon arrival. Then you will be transported to your 3-day stay accommodation. You will also receive a take-home test to administer on day 10 of isolation.
- After 3-day stay, safely make your way to your temporary accommodation safely by Taxi or Ride App services (See page 3).
- You must email us at **covid19safety@brightoncollege.com** the day you arrive to let us know you have arrived in Canada.
- Self-isolate for 14 days. Keep busy getting yourself set up for school and learning your surroundings by navigating areas on Google Maps.
- Use contact-less delivery services to buy food and necessities while you are in isolation (See page 3).
- You will be contacted by our Student Services representatives during your isolation.
- Read through our website and what's next section to prepare for your classes to start (See page 4).

Self-Isolation Plan

Pre-Arrival

Under the Quarantine Act, all international travelers entering B.C. are required by law to self-isolate for 14 days and complete a Quarantine Plan. You should have this plan ready to show a border services officer when you arrive in Canada. If you do not show them this document, you may not be allowed into Canada. Much of the information that you will require for the plan is listed below.

As of February 22nd, 2021, all travellers arriving in Canada by air are required to reserve a 3-night stay in a government-authorized hotel before their departure to Canada. Travellers will be required to take a COVID-19 molecular test upon arrival in Canada before exiting the airport and another test on day 10 of their 14-day quarantine period. Our COVID-19 Readiness Plan and Self-Isolation Plan have been updated to reflect this new procedure for international students.

The 3 days stay in a government-authorized hotel is required. The cost is expected to be around \$2000 which includes the room, food, security, transportation, as well as infection

prevention and control measures. Brighton College acknowledges that this is an additional expense that may be a burden to students. To financially help our international students, Brighton College is offering a grant of up to \$2000 to full-time diploma students. Contact our Educational Advisor for more grant details.

Arrival

Upon arrival, you must contact Brighton College to let the institution know that you are in Canada. We will update your contact information and will be phoning you for wellness checks throughout your quarantine to ensure your safety. **Once you are at your place of isolation, please immediately call us at (604) 430-5608 or email covid19safety@brightoncollege.com.**

For more information, please visit <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html>

Quarantine

What does quarantine mean? How can I self-isolate?

Quarantine means you must not leave your chosen temporary accommodation and stay there for 14 days from the date you arrived.

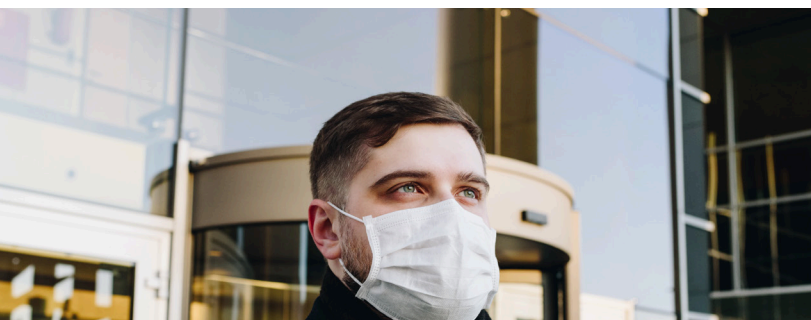
To self-isolate, you must avoid physical

contact with other people and should not use public transport.

During Transit: Preventative Measures

During your flight, when at the airport and when travelling to your temporary accommodation, you must follow these guidelines:

- Wear a suitable mask or face covering
- Practice physical distancing
- Carry hand sanitizer and wash your hands frequently
- If necessary, wear gloves



Transportation

How do I get from YVR Airport to my temporary accommodation?

1. Join the free YVR airport Wifi.
2. Follow the Ride App or Taxi signs and head towards International Arrivals Level 2.

Important: You must not use public transport. Do not use the bus or the Skytrain.

Ride App Services – Uber & Lyft

To request a ride, you will need to download, create an account and pay via the app.

Taxis

You do not need to call a Taxi. They will line up in the designated zones. Join the queue and wait for your turn. You can pay using Canadian dollars or by using a credit card.

When Using Apps:

If possible, download the app and create an account in advance.

To pay you will need a debit or credit card, or a PayPal account.

Accommodation

Quarantine 14-day temporary accommodation options

If you require a place of residence that has not already been arranged as part of your quarantine plan, you must organize a 14-day minimum stay at a temporary location.

Tourism Burnaby has arranged discounts specifically for international student quarantine. For further details on these places of quarantine, please see the attached sheets. Prices range from \$85 to \$159 per night.

Holiday Inn Express Metrotown \$99/night

Delta Burnaby Hotel \$149/night

Accent Inn Burnaby \$85/night

Element Vancouver Metrotown \$159/night

Executive Suites Hotel Metro Van \$100/night

Hilton Vancouver Metrotown \$109/night

Groceries

You can organize a grocery delivery online from various stores. Head to their website, add your chosen items to the cart, and organize a contactless delivery to your temporary accommodation.

Supermarkets that deliver:

- Save on Foods
- T&T
- Walmart
- Real Canadian Superstore

You can also organize a contactless delivery from local restaurants through:

- Skip the Dishes
- UberEats
- Doordash

What if I need to pick up medication?

You can organize a prescription delivery through the following pharmacies:

- London Drugs
- Rexall

Other Necessities

What Brighton College support services can I access?

Administrative student support services (e.g. admissions, student services, employment services, IT support, student financial services, etc.) continue to operate remotely.

We have established a **Student Information Line**, which can be reached at **(604) 430-5608**.

By calling the Student Information Line, you will be able to select from available services and be transferred to a staff representative.

What's next?

Once you are quarantined, you can start getting ready for your time at BC – our comprehensive guide for all you need to know can be found in Brighton College's online course BC101. Puruse our website for extra information.

Our Student Services team will be contacting you to follow up on your health and well-being as well as how you are settling in and getting ready for classes.

Important first steps for life in Canada include:

- **Set up a Canadian credit card and bank account**

You will be required to produce a credit card for the majority of your transactions in Canada, as many businesses no longer accept cash. Make sure you secure a Canadian credit card, preferably before arrival.

Isolation Questions

What if I show symptoms of Covid-19?

If you are showing symptoms of COVID-19, and are unsure whether to seek medical care or get tested, contact your healthcare provider, call 8-1-1, or use the BC COVID-19 Self-Assessment Tool. For testing information or results visit the BC Centre for Disease Control.

Ending your Isolation

On day 10 of your quarantine period, you will perform your take home COVID-19 test. After 72 hours, if your test is clear, your quarantine will be complete. You will report the test results with a screening officer or law enforcement.

Your enrollment advisor will follow up with you to make sure you have been cleared.

- **Sign up for a Canadian phone service, such as Telus, Shaw, Freedom or other.**

- **Enroll for Medical Services Plan**

You must apply for medical insurance immediately on arrival in Canada. There is no longer any delay in application for international students to apply for MSP (<https://www.youtube.com/watch?v=sYZLFMT8o3g>) Student Services staff will connect you with support if you require assistance with signing up for MSP coverage.